

Jeffrey W. Salin, DO

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If you have any questions, or concerns, please call the office.

General information after a hip joint replacement:

- You will need to be pre medicated for life for ANY dental procedure and cleanings after your surgery. You should wait 3 months prior to scheduling any routine visits to your dentist after surgery. Please call the office for the correct medications prior to your appointment.
- Most implants do have an identification card for you to carry post-surgery. This will come in the mail several months after your surgery.

Pre-operative instructions:

The hospital will call you approximately 1-2 weeks prior to surgery to arrange your pre op appointment and to discuss your medical history, anesthesia, etc.

Our office will pre-certify your surgery, then will call you to discuss your benefits prior to surgery.

No food or drink after midnight the night prior to you appointment.

Stop ALL over the counter supplements, aspirins, ibuprofens, Aleve, one week prior to surgery.

TYLENOL PRODUCTS ARE OK PRIOR TO SURGERY

Post op Incision:

Your incision is very minimal, only about 3-4 inches long in length and will be located on the front of your hip

You will have a dressing under a clear adhesive tape over your incision. This dressing will be changed upon discharge and remain in place for 7 days. **REMOVE DRESSING 7 DAYS POST SURGERY** and cover with a dry dressing to protect the glue from your clothes.

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You will be able to shower 24 hours after your surgical drain is removed. Do not let water directly hit the incision. Pat area dry. You cannot soak in a pool, bath or hot tub until the incision is completely healed.

Compression stockings: (Ted Hose)

You will wear these hose for a total of 4 weeks. For the first 2 weeks they are to be on at all times (24 hours), taking off only to shower and wash. Weeks 3-4 after surgery, you may wear stockings on the daytime only and take them off at night.

Blood Thinning Medication: (anti-coagulation therapy)

You will be on a blood thinner for 4-6 weeks after surgery depending on your medical history.

Driving:

You may drive approximately 4 weeks after surgery. If your surgery was on your right leg, your time not driving may be a longer. Before you start driving you must be off all narcotic pain meds, feel like you have your reflexes back and Dr. Salin says it's ok to drive.

Follow up appointments:

You will be seen in the office 2 weeks after your surgery by one of Dr. Salin's PA's. You will then have follow ups at 6 weeks, 3 months, 6 months, 1 year and then as needed (usually 5-7 years).

At your post op appointments we will be getting x-rays.

Please wear comfortable clothing that can be easily removed or something that does not have zippers, snaps, or any type of metal.