



## PRP Injections

- Before PRP Procedure:
  - 2 weeks before your PRP injection, STOP all (NSAIDS) anti-inflammatory medications. Common NSAIDS include:
    - Ibuprofen (Advil, Motrin)
    - Naproxen (Aleve, Naprosyn)
    - Aspirin
    - Celecoxib (Celebrex)
    - Diclofenac (Voltaren)
    - Indomethacin (Indocin)
    - Meloxicam (Mobic)
    - Etodolac (Lodine)
    - Ketorolac (Torol)
  - If you have been prescribed aspirin for heart condition, consult with your prescribing physician for clearance of temporary interruption of medication.
  - It is okay to take Tylenol for pain control.
  - Please make sure you are well hydrated.
  
- Post PRP Procedure:
  - Refrain from taking (NSAIDS) anti-inflammatory medications for 2 weeks post injection.
  - You may resume normal light activities after 24 hours.
  - You may experience pain, soreness, or bruising following the injection which can last anywhere from 1 to 4 days.
  - If the pain is above tolerable level, or there are any signs of fevers or extreme redness at injection site, contact our office at 913-381-5225.
  - Injection results are expected to take effect in 4-6 weeks.

